

2009

11TH ANNUAL CAMP

2009

MANSFIELD HIGH SCHOOL GIRLS BASKETBALL

GRADES 4, 5, 6 (FALL OF '09)

HORNET HOOP CLINIC SUMMER 2009

WHERE: MANSFIELD HIGH SCHOOL GYM, MANSFIELD, MA 02048

WHEN: MONDAY, AUGUST 3rd TO THURSDAY, AUGUST 6th 8:45 AM-12:00 PM

WHO: GIRLS ENTERING ***GRADES 4, 5, 6*** IN THE FALL OF 2009

STAFF: DIRECTOR, MIKE REDDING, HEAD COACH, GIRLS' BASKETBALL, MANSFIELD HS
ASST. DIRECTOR, THERESA DEGIROLAMO, HEAD FRESHMEN-GIRLS' BASKETBALL
ASST. DIRECTOR, HEIDI EGAN, HEAD JUNIOR VARSITY-GIRLS' BASKETBALL
FORMER MHS CAPTAINS AND ALUMNI NOW PLAYING ON THE COLLEGE LEVEL
CURRENT VARSITY PLAYERS ON THE 2008-2009 MANSFIELD HS BASKETBALL TEAM

CAMP FEE: **** SAME RATES AS LAST YEAR ****
FEE OF \$65.00 PER PERSON INCLUDES FOUR FULL DAYS OF INSTRUCTION AND AN
OFFICIAL MHS CAMP T-SHIRT IF REGISTERED BY JULY 7th. PLAYERS SHOULD BRING
THEIR OWN SNACKS. DRINKS WILL BE SOLD AT BREAK AT A VERY REASONABLE PRICE.
THERE WILL BE DAILY COMPETITIONS FOR AWARDS, ALSO.
CAMP IS PEANUT FREE! PLEASE AVOID SNACKS/FOOD WITH PEANUTS!
(FAMILY RATE FOR HALF-DAY CAMP IS \$95.00)
(FAMILY RATE FOR CAMP 4,5,6 AND 7,8,9 IS \$150.00)

TYPICAL DAILY SCHEDULE OF DRILLS/GAMES/EVENTS FOR "HOOP CAMP" 2009 !!!!

- 8:45 AM FREE SHOOTING AND FOUL SHOTS
- 9:00 AM STRETCHING, AGILITY AND REACTION DRILLS
- 9:15 AM OFFENSIVE DRILLS AND FUNDAMENTAL SKILL DEVELOPMENT
PASSING, SHOOTING, DRIBBLING, REBOUNDING, SETTING SCREENS
- 10:05 AM BREAK
- 10:15 AM DEFENSIVE DRILLS, SKILL DEVELOPMENT AND TEAM DEFENSE
STANCE, POSITION, SLIDE, REBOUNDING, MAN-TO-MAN, ZONE
- 10:45 AM STAFF LECTURE ON BASKETBALL TECHNIQUE WITH DEMONSTRATION
- 11:00 AM PLAYOFF GAMES FOR WNBA (5-6) AND COLLEGE (4-5) DIVISIONS
- 11:55 AM CAMP MEETING-AWARD PRESENTATIONS
- 12:00 PM PARENT PICK-UP AT MHS GYM ENTRANCE

****** PLEASE SEE OTHER SIDE FOR REGISTRATION FORM AND MAILING INFORMATION ******

EMASS DIV. II-SOUTH SECTIONALS: 2001, 2002, 2004, 2005, 2006, 2007, 2009
2007-SOUTH SECTIONAL FINALISTS

GOALS OF THE CAMP: PLAYERS WILL BE INSTRUCTED IN THE FUNDAMENTALS OF THE GAME OF BASKETBALL WITH OFFENSIVE DRILLS FOCUSING ON SHOOTING, DRIBBLING AND PASSING. DEFENSIVE DRILLS WILL INCLUDE EMPHASIS ON BOTH MAN-TO-MAN TECHNIQUES AND ZONE RESPONSIBILITY AS WELL AS REBOUNDING TECHNIQUES. THE CAMP IS ALSO DESIGNED TO IMPROVE THE PLAYER'S CONDITIONING, FLEXIBILITY AND TEAMWORK SKILLS. THERE WILL BE TEAM AND INDIVIDUAL COMPETITIONS TO EVALUATE AND IMPROVE SKILLS. ALL AWARDS WILL BE EARNED ON AN INDIVIDUAL BASIS THROUGH COMPETITIONS. THERE WILL BE NO TEAM AWARDS FOR PLAYOFF COMPETITIONS. THESE GAMES ARE TO ENHANCE INDIVIDUAL SKILLS AND PROMOTE TEAMWORK. ALL PLAYERS WILL PLAY THE SAME NUMBER OF GAMES AND AN EQUAL AMOUNT OF PLAYING TIME. WE WANT THE PLAYERS TO LEAVE THE CAMP WITH A STRONG INTEREST IN CONTINUING THEIR BASKETBALL CAREERS ON THE HIGH SCHOOL LEVEL AND WITH A GOOD UNDERSTANDING OF THE GAME.

ADDITIONAL QUESTIONS OR COMMENTS ??? PLEASE CALL MIKE REDDING AT MHS 261-7540 (# 3167)
OR E-MAIL AT: Michael.Redding@mansfieldschools.com

PLEASE CLIP BELOW AND MAIL TO: GIRLS' YOUTH BASKETBALL CAMP
C/O MICHAEL REDDING
MANSFIELD HIGH SCHOOL
250 EAST STREET
MANSFIELD, MA 02048

** INCLUDED IN THE CAMP FEE IS A "USE OF FACILITY" CHARGE BEING ASSESSED ON SUMMER CAMPS BY MANSFIELD PUBLIC SCHOOLS. THE CHARGE IS \$10.00 PER CAMPER.

2009 MANSFIELD HIGH SCHOOL HOOP CAMP FOR GIRLS' BASKETBALL-----REGISTRATION FORM

NAME _____ AGE _____ GRADE-FALL OF 2009 _____

ADDRESS _____ HOME PHONE _____

E-Mail Address _____

T-SHIRT SIZE (PLEASE CIRCLE ONE) XS S M L XL (ADULT SIZES)

EMERGENCY NAME AND PHONE (8:45 AM-12:00 PM) _____

HEALTH INSURANCE PROVIDER _____

**The above named has my permission to participate in Mansfield HS Basketball Camp. I understand and accept the condition that Mansfield High School, the Camp Directors or any member of the staff will not be liable for accidents and medical or dental expenses that are incurred as a result of participation in this program. I further release the Mansfield Public Schools against any and all claims.

SIGNATURE OF PARENT/GUARDIAN _____ DATE _____

DOES YOUR DAUGHTER HAVE A MEDICAL CONDITION OR ALLERGIES? _____

PLEASE MAKE CHECK PAYABLE TO: MICHAEL D. REDDING (IND. RATE \$65.00/FAMILY RATE \$95.00)

WE LOOK FORWARD TO SEEING YOU ON MONDAY, AUG. 3RD AT 8:45 A.M. AT THE MANSFIELD HIGH SCHOOL GYM. YOUR CANCELLED CHECK WILL SERVE AS YOUR RECEIPT OF PAYMENT. REMEMBER TO REGISTER BEFORE JULY 7TH TO GUARANTEE YOUR DAUGHTER HER EXACT T-SHIRT SIZE. IF YOU PROVIDE AN E-MAIL ADDRESS, YOU WILL RECEIVE REGISTRATION CONFIRMATION.