

**GUIDANCE OFFICE
QUALTERS MIDDLE SCHOOL**

PARENTING TIPS - BIBLIOGRAPHY

ADOLESCENTS – GENERAL

Your Adolescent – Emotional, Behavioral and Cognitive Development from Early Adolescence through the Teen Years, American Academy of Child & Adolescent Psychiatry, 1999.

Surviving Your Adolescents – How to Manage and Let Go of Your 13 – 18 Year Olds, Thomas W. Phelan, Ph.D., 1998.

The Roller-Coaster Years – Raising Your Child Through the Maddening Yet Magical Middle School Years, Charlene C. Giannetti and Margaret Sagarese, 1997.

ADOLESCENT GIRLS

Cool Women – The Thinking Girl’s Guide to the Hippest Women in History, Dawn Chipman, Mari Florence, Naomi Wax, 1998.

Reviving Ophelia – Saving the Lives of Adolescent Girls, Mary Pipher, Ph.D., 1994.

Women Helping Girls with Choices – A Handbook for Community Service Organizations, Mindy Bingham and Sandy Stryker, 1989.

DEPRESSION

Helping Your Depressed Teenager, Gerald D. Oster, Ph.D. and Sarah S. Montgomery, M.S.W., 1995.

When Nothing Matters Anymore – A Survival Guide for Depressed Teens, Bev Cobain, R.N.C., 1998.

FAMILY RELATIONSHIPS

The Essential Grandparent, Dr. Lillian Carson, 1996.

Stepfamily Realities – How to Overcome Difficulties and Have a Happy Family, Margaret Newman, 1994.

A Resource Guide for Massachusetts’ Grandparents Raising their Children, Lillian Glickman, Secretary, Executive Office of Elder Affairs, William D. O’Leary, Secretary, Executive Office of Health and Human Services, 1999.

GRIEF

Helping Children Cope with the Loss of a Loved One, William C. Kroen, Ph.D. LMHC, 1996

LEARNING DISABILITIES

Asperger’s Syndrome, Tony Attwood, 1998.

Attention Deficit Disorder and Learning Disabilities, Barbara D. Ingersoll, Ph.D. and Sam Goldstein, Ph. D., 1993.

Putting on the Brakes – Young People’s Guide to Understanding Attention Deficit Hyperactivity Disorder (ADHD), Patricia O. Quinn, M.D. and Judith M. Stern, M.A. 1991.

The ADHD Parenting Handbook, Colleen Alexander-Roberts, 1994.

Power Parenting for Children with ADD/ADHD, Grad L. Flick, Ph.D. 1996.

Teaching the Tiger (A Handbook for Individuals Involved in the Education of Students with Attention Deficit Disorders, Tourette Syndrome or Obsessive – Compulsive Disorder), Marilyn P. Dornbush, Ph.D., Sheryl K. Pruitt, M.Ed., 1999.

MISCELLANEOUS

Emotional Intelligence, Daniel Goleman, 1995.

Straight Talk About Psychiatric Medications for Kids, Timothy E. Wilens, MD, 1999.

PARENTING

Activities that Teach Family Values, Tom Jackson, 1998.

The Parent’s Guide – Solutions to Today’s Most Common Behavior Problems in the Home, Stephen B. McCarney, EdD. And Angela M. Bauer, M.Ed., 1990.

Get Out of My Life – But First Could You Drive Me and Cheryl to the Mall? – A Parent’s Guide to the New Teenager, Anthony E. Wold, Ph.D., 1991.

Positive Discipline for Single Parents, Jane Nelson, Cheryl Erwin, Carol Delzer, 1994.

Does Wednesday Mean Mom’s House or Dad’s? – Parenting Together While Living Apart, Marc J. Ackerman, Ph.D., 1997.

Parents, Teens and Boundaries – How to Draw the Line, Jane Bluestein, Ph.D., 1993.

Your Defiant Child – 8 Steps to Better Behavior, Russell A. Barkley, Ph.D., Christine M. Benton, 1998.

When you Worry about the Child you Love, Edward Hallowell, M.D., 1996.

Spoiling Childhood, Diane Ehrensaft, Ph.D., 1997.

SCHOOL/ACADEMICS

Helping Your Child Succeed In School, (Video) The Center for Affirmative Parenting, 1993.

Lifestyle Math – Your Financial Planning Portfolio, Mindy Bingham, Jo Willhite and Shirley Myers, 1994.

MegaSkills – Building Children’s Achievement for the Information Age, Dorothy Rich, 1997.

Seven Steps to Homework Success, Sydney S. Zentall, Ph.D. and Sam Goldstein, Ph.D., 1999.

Teachable Movies for Elementary and Middle School Classrooms, Selected and Compiled by John Hulse, 1998.

Beyond Tracking – Finding Success in Inclusive Schools, Edited by Harbison Pool and Jane A. Page, 1995.

The Unmotivated Child – Helping Your Underachiever Become a Successful Student, Natalie Rathvon, Ph.D., 1996.