



# WIC CARD TO CULTURE

The Mass WIC Program and the Mass Cultural Council have partnered to offer discounted admissions to over 100 of the Commonwealth's museums and cultural institutions. Because of the generosity of the participating organizations, WIC clients can receive free or discounted admissions by showing their WIC Card.



## PARTICIPATING ORGANIZATIONS INCLUDE:



New England  
Aquarium



Museum of Science



....AND SO MANY MORE!

FOR A COMPLETE LIST VISIT: [MASS.GOV/WIC](http://MASS.GOV/WIC)

# DO YOU HAVE A CHILD UNDER 5?

# ARE YOU PREGNANT OR BREASTFEEDING?



## OFFERS FAMILIES:

- Free healthy food
- Personalized nutrition consultations
- Tips for eating well to improve health
- Referrals for medical and dental care, health insurance, child care, housing and fuel assistance, and other services that can benefit the whole family!

Check these guidelines to decide if WIC might be right for your family:

HOUSEHOLD	YEARLY	MONTHLY	WEEKLY
1	\$25,142	\$2,096	\$484
2	\$33,874	\$2,823	\$652
3	\$42,606	\$3,551	\$820
4	\$51,338	\$4,279	\$988
5	\$60,070	\$5,006	\$1,156
6	\$68,802	\$5,734	\$1,324
7	\$77,534	\$6,462	\$1,492
8	\$86,266	\$7,189	\$1,659
For each additional family member add	+\$8,732	+\$728	+\$168



TO LEARN MORE ABOUT WIC,  
CALL 1-800-WIC-1007 OR VISIT  
[MASS.GOV/WIC](https://mass.gov/wic)



## GOOD FOOD *and* A WHOLE LOT MORE!



This institution is an equal opportunity provider.