October 16 2023, 1:30 PM
NOTES

Review Proposed Goals for This Year; Update on Programs

- Worked with DESE appointed Wellness coach - reviewed and updated [SC POLICY](), completed 3 year [EVALUATION]() (meet all state and federal recommendations) - on our website
- Deb Cosgrove, JJ Cafeteria Manager, and Jen Memoli, JJ Health Teacher, collaborated to highlight a fruit/vegetable of the month. Students made posters that were hung around the cafeteria and the fruit or vegetable was showcased on the monthly menu.
- The smaller group discussed areas we wanted to continue to focus on —> vaping, social media, mental health
- Dr Heather DiBlasi, Addiction Specialist, sponsored by our local Elks
  She spoke to parents at curriculum night; Grade 8, 9, 10, 11 - substance misuse and decision making
  She will supporting a staff inservice this month for school counselors, nurses and other interested staff:
- Becky Fidler, presented to Grade 6 last month and Gr 5 this month6
  Covers topics such as coping mechanisms, healthy support systems, peer pressure, and health consequences to vaping

Fire Chief Desrosiers: Introduction of EMS Officer Eric Dufort

- Community resource
- Stop the Bleed Coordinator

Natalie Johnson, Wellness Department Chair: Curriculum Instruction

- Organization of new state health curriculum
- Plan moving forward

Next Steps

- Possible programs at all levels
- Elks will sponsor Kathy and Chris Sullivan for HS students it the spring

Overview of Next Meeting

- Review of Communities that Care Survey from last spring in comparison to past surveys
- Introduction of Vaping Diversion Program which started at MHS last year and will be used at QMS this year
- Will bring back introductions at start of meetings with school and department updates

All students, regardless of race, color, sex, religion, national origin, limited English proficiency, sexual orientation, gender-identity, disability, or housing status, have equal access to all programs including athletics and other extracurricular activities