



March 4, 2024; 1:30 PM  
Jordan/Jackson School, Room A102

Mission Statement:

“The primary mission of the Mansfield Health Wellness Advisory Council is to provide and develop educational resources to address relevant topics. We strive to promote and support the physical and social/emotional health of our school community.”

Goals:

1. Identify areas where teacher oriented programs regarding mental health issues can support positive change
2. Help inform students and families about existing health related activities, resources and supports
3. Advocate for Mansfield employees to value employee input and use the Wellness Committee as a vehicle of change
4. Review and provide recommendations for policy/protocol and program development

2023-2024 Objectives:

1. During the 2023-2024 school year, schools will provide presentations for students in grades 3-12 about making healthy decisions.
2. During the 2023-2024 school year, the district will review [New Massachusetts Health and Physical Education Curriculum Frameworks](#) & discuss the phase-in of implementation that is scheduled to begin with the 2024-2025 school year.

AGENDA

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|---------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1:30 PM | Introductions                                                                                                                                                                                 |
| 1:35 PM | School Representatives: updates on individual school activities                                                                                                                               |
| 1:45 PM | Charlotte Boyd, Hey Sam Training Manager, Samaritans Inc.<br>Overview Of Samaritans: Preventing Suicide, Providing Hope<br>Intervention, Grief Counseling, Workshops, Volunteer Opportunities |
| 2:20 PM | Possible MHS posters from CTC Data                                                                                                                                                            |
| 2:25 PM | Next Steps & Overview of Next Meeting: Monday, April 29 at 1:30pm                                                                                                                             |
| 2:30 PM | Adjourn                                                                                                                                                                                       |