

- Tackle Grades 3-8

### League

Tackle Football, Cheer & Flag all compete under the AYF umbrella

### Important Dates

August 5th Practice Starts Tackle & Cheer generally practice 4 nights a week for 4 weeks in August. Flag practices last 2 weeks in August. All 3 transition to 2 nights a week when school starts

## Did you know

in 2023 MYFC had an AYF league champion in all three phases. Tackle, Cheer & Flag

# Teamwork

The Hardest working youth athletes in Town. Nobody else practices as much or puts in as much time together as youth football & cheer. This hard work makes the wins even more rewarding. Life lessons are learned that will stick with you forever

