

MYFC FLAG FOOTBALL

**Registration
opens in
March!!!**

» **Did you know that MYFC has Flag Football for 1st, 2nd & 3rd Graders**

MYFC FLAG FOOTBALL

Teams

- Offered for 1st, 2nd & 3rd graders
- Does not interfere with the In Town Rec league. In fact most our players participate in both leagues

Format

- 8 v 8 Flag on a field measuring 40 yds wide x 80 yds long

Benefits

- Structured practice schedule, including 2 weeks of practice at the end of August.
- When schools starts practices transition to 2 nights a week.
- You'll be amazed at the improvements your young player(s) will make with regularly scheduled practice time

**REGISTRATION
OPENS IN
MARCH!!!**

Did you know

- Flag football is the fastest growing youth sport in America

Great learning tool for future tackle players

- Skills learned at this level translate as your player advances in age.
- Players are taught light blocking, engaging contact with their hands not their head.
- Ball skills, passing & catching are taught more effectively at this age without the interference of helmets & shoulder pads

